Welcome to Blue Cross Blue Shield of Massachusetts' Provider Partners

Delivering Healthy Outcomes

ProgenyHealth Overview

October 3, 2023





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Progeny

Founded by a pediatrician Dr. Ellen Stang in 2003

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ProgenyHealth Introduction

Beginning November 1, 2023, ProgenyHealth will assume Neonatal Care Management Services for BlueCross®

 This management program will apply to BlueCross's commercial members, excluding Federal Employee Program and Medicare members.





ProgenyHealth Contact Information



ProgenyHealth's Main Number: 1-888-832-2006



UM Email: BCBSMA-UM@progenyhealth.com



Progeny's secure fax specific for BlueCross: 1-866-303-5749



Website: ProgenyHealth.com

CM Email: BCBSMA-CM@progenyhealth.com

Direct contact information for the ProgenyHealth UM and CM Nurses will be provided once assigned to a member admitted to your facility.



UM Notification and Determinations

What you need to do:

- Notification of Neonatal Intensive Care Unit (NICU) admissions will change beginning 11/1/2023 for contracted facilities for Blue Cross Blue Shield of Massachusetts. Please notify ProgenyHealth directly of admissions for babies born on and after 11/1/23.
- All concurrent reviews, transfers, and discharges should be sent to ProgenyHealth's secure fax number: 1-866-303-5749 beginning 11/1/2023.

- ProgenyHealth performs concurrent reviews and determinations.
 - ProgenyHealth will provide approval and denial determinations to providers via faxed daily determination logs.
 - Termination of care letters will be faxed.
 - ProgenyHealth will mail written notifications to members, providers, and facilities as appropriate.



NICU Authorizations



ProgenyHealth manages NICU newborns born to members who are receiving care during their birth admission that would be billed under usual revenue codes 172 (Level 2), 173 (Level 3), or 174 (Level 4) as defined by the National Uniform Billing Committee.



ProgenyHealth will review inpatient days using **BlueCross Medical Policies** <u>https://www.bluecrossma.org/medical-policies/</u> and **InterQual**[®] criteria.



Authorization requests will be reviewed for medical necessity and approved or denied for the appropriate **level of care (LOC)** per plan policy or InterQual criteria.

• All requests that do not meet medical necessity are reviewed by a ProgenyHealth Medical Director.



All authorizations from ProgenyHealth will include Level of Care determinations.



Daily Determinations

ProgenyHealth will fax facilityspecific daily determination log

- Days reviewed
- Levels of Care (LOC)
 (example: Level 2, Level 3)
- Next Review Date (NRD)
- Information needed with the next review to support continued inpatient stay
- ProgenyHealth Authorization
 Number



Daily Determination Details (SAMPLE)

If the treating physician would like to discuss their case with a physician reviewer for reconsideration of their original denial, the physician can call the Utilization Management department at 1-888-832-2006. Faxed authorizations are not a guarantee of payment and are subject to the member's benefit, plan provision and eligibility on the date the service is rendered.

Jospital Phone: 123 45 6789	Nurse: ProgenyHealth Nurse Phone: 1-888-832-2006 Progeny Fax:1-888-522-7164
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Patient Full Name	Admitted	Discharged	Description
Baby Test Example DOB: 2/7/2023	2/7/2022		Days Reviewed: 2 02/07/23 - 02/08/23
ProgenyHealth Case ID: UM01			Requested Level of Care: None Approve: Per Criteria Reviewed Level of Care: Level 4
Hospital Medical Record Number: 11111100000			Days Reviewed: 2 02/09/23 - 02/11/23
Client Authorization Number: 1234567890			Requested Level of Care: Level 4 Approve: Per Physician Reviewer
Next Review Date: 2/15/2023 Next Review Notes: Please provide updates on weight, bed type, resp, FEN, meds, and social/discharge needs			Reviewed Level of Care: Level 3



UM Peer-to-Peer and Appeals



Prior to issuing an adverse determination, ProgenyHealth will offer a reasonable opportunity for the provider to discuss the services under review.



P2P may be requested with a ProgenyHealth Medical Director by calling 1-888-832-2006 and following the Physician Advisor's prompt and directions.



For any adverse determination made by ProgenyHealth, the provider will be offered 7 business days to request Peerto-Peer (P2P) discussions.



ProgenyHealth will schedule a time with a ProgenyHealth Medical Director and facility Provider to discuss inpatient cases as needed.



Verbal notification of the P2P opportunity is provided during denial notification, followed by a faxed daily determination log; Progeny will mail denial letters.



If P2P is declined or if the denial determination is upheld, providers will follow BlueCross's appeal process if not in agreement with the determination.



Transfers and Readmissions



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ProgenyHealth will manage infants transferred from the NICU to another acute care facility under the guidance of BlueCross's current rules for higher, lateral, and lower-level care transfers.



The BlueCross UM team will manage any readmission cases, and
ProgenyHealth will provide CM through the first year of life. Once infants
reach their first birthday, ProgenyHealth will transition the cases to
BCBSMA for continued care management.



CM Program Overview



Partnering with BlueCross, ProgenyHealth offers caregivers telephonic CM services

- Families will have a Dedicated Case Manager who will provide support and education.
- Following notification of NICU admission, ProgenyHealth outreaches caregivers for early inpatient engagement to evaluate Social Determinants of Health and barriers to safe discharge home.
- ProgenyHealth Case Managers will continue to follow members for the first year of life.

- ProgenyHealth Case Managers, Social Workers, and Care Coordinators assist members with identifying support and utilizing national and local community resources.
 - Identifying PCP
 - Behavioral health support
 - Lactation services/obtaining a breast pump
 - Transportation resources



CM Facility Collaboration



ProgenyHealth will collaborate with facility CM for infants with anticipated discharge needs, complex medical care, or considerable social situations.



ProgenyHealth encourages caregivers to utilize facility resources such as in-person lactation consultants, CM, or Social Work support available while the infant remains inpatient.

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Prior Authorizations will continue to be submitted to BlueCross for discharge needs. ProgenyHealth can assist facilities with identifying innetwork Durable Medical Equipment, home care, and providers.



Discharge Planning



The ProgenyHealth UM/CM team will monitor clinical reviews and discuss with caregivers' discharge planning needs.



ProgenyHealth CM will ensure the facility discharge planner or servicing provider has the correct information on submitting the prior authorization to BlueCross.

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ProgenyHealth CM will collaborate with facility discharge planners on any prior authorizations that are needed for the infant's discharge, as appropriate.



ProgenyHealth CM will communicate with BlueCross any identified issues or escalations by emailing.



ProgenyHealth CM will collaborate with the facility discharge planner to identify in-network providers for services requiring prior authorization.



ProgenyHealth CM will follow up with caregivers and facility discharge planner to confirm the outcome of prior authorization.



ProgenyHealth: Solving Social Determinants of Health issues





Solve housing challenges, help apply for housing assistance and for infant Social Security Disability Income

Health Literacy

Obtain vital resources like breast pump, car seat, and crib; lactation support, behavioral health resources, wellness rewards



WIC benefits and food stamps, local food banks and faithbased programs

Community

Integrated medical and social services are more effective than waiting for families to visit health services

Transportation

Schedule transportation for initial and ongoing doctor's visits

Emotional & Mental Health

Ongoing postpartum care visits, continued screening for signs of depression, connect to social workers



Obtain authorization from state custody offices, monitor prescribed Medication-Assisted Treatment (MAT)



Thank you! Questions?



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