

# MAJOR DEPRESSIVE DISORDER

# **Documentation tip**

WHEN REPORTING MAJOR DEPRESSIVE DISORDER (MDD), BE SPECIFIC TO AVOID UNSPECIFIED DIAGNOSIS CODES AND TO ENSURE THAT THE APPROPRIATE HCC IS VALIDATED.

### TO SUPPORT MDD, BE SURE TO REPORT THE FOLLOWING:

#### 1. SIGNS OR SYMPTOMS

- Mood (Example: Patient is depressed or irritable.)
- · Loss of energy or fatigue
- Inability to focus
- Thoughts of death or self-harm

#### 2. MEDICATIONS

- Selective serotonin reuptake inhibitors (SSRIs)
- Monoamine oxidase inhibitors (MAOIs)
- Other antidepressants
- Natural treatments

# 3. OTHER TREATMENT

- Psychotherapy
- Electroconvulsive therapy (ECT)
- Other modalities

#### 4. PHQ-9 ASSESSMENT

## **Coding tips**

MDD is assigned into two ICD-10-CM categories.

Category	Description
F32	Major depressive disorder, single episode
F33	Major depressive disorder, recurrent

These two categories are broken down by severity.

Severity	ICD-10-CM Code
Mild	F32.0/F33.0
Moderate	F32.1/F33.1
Severe without psychotic features	F32.2/F33.2
Severe with psychotic features	F32.3/F33.3

#### Or, broken down to remission status

Status	ICD-10-CM Code
Full remission	F32.5/F33.42
Partial remission	F32.4/F33.41

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