



MAJOR DEPRESSIVE DISORDER

Documentation tip

WHEN REPORTING MAJOR DEPRESSIVE DISORDER (MDD), BE SPECIFIC TO AVOID UNSPECIFIED DIAGNOSIS CODES AND TO ENSURE THAT THE APPROPRIATE HCC IS VALIDATED.

TO SUPPORT MDD, BE SURE TO REPORT THE FOLLOWING:

1. SIGNS OR SYMPTOMS

- Mood (Example: Patient is depressed or irritable.)
- Loss of energy or fatigue
- Inability to focus
- Thoughts of death or self-harm

2. MEDICATIONS

- Selective serotonin reuptake inhibitors (SSRIs)
- Monoamine oxidase inhibitors (MAOIs)
- Other antidepressants
- Natural treatments

3. OTHER TREATMENT

- Psychotherapy
- Electroconvulsive therapy (ECT)
- Other modalities

4. PHQ-9 ASSESSMENT

Coding tips

MDD is assigned into two ICD-10-CM categories.

Category	Description
F32	Major depressive disorder, <i>single episode</i>
F33	Major depressive disorder, <i>recurrent</i>

These two categories are broken down by severity.

Severity	ICD-10-CM Code
Mild	F32.0/F33.0
Moderate	F32.1/F33.1
Severe without psychotic features	F32.2/F33.2
Severe with psychotic features	F32.3/F33.3

Or, broken down to remission status

Status	ICD-10-CM Code
Full remission	F32.5/F33.42
Partial remission	F32.4/F33.41