



Dental Care

Connected to Overall Health



The connection between oral health and overall health is clear. For people with many conditions—including diabetes, heart disease, oral cancer, premature births, Sjogren’s syndrome, and stroke—dental care can improve health and well-being.

- Clinical studies have shown an association between periodontal disease – the most common infectious disease in adults – and the control of diabetes¹ and the severity of heart disease.²
- Periodontal disease among pregnant women has been associated with an increased risk of delivering a pre-term, low birth-weight baby.³
- Poor oral health has also been associated with the increased likelihood of certain types of stroke⁴, and dry mouth can be one of the principal signs of Sjogren’s syndrome⁵. Members with both conditions may benefit from additional annual cleanings and dental care.

Enhanced Dental Benefits is part of our commitment to improving members’ overall health. It offers the following services to members with these health conditions*:

Condition	One Cleaning or Periodontal maintenance visit every 3 months	Periodontal Scaling once per quadrant every 24 months*	Oral Cancer screening once every 6 months	Fluoride treatment every 3 months
Diabetes	■	■		
Coronary Artery Disease	■	■		
Pregnancy	■	■		
Oral Cancer	■		■	■
Stroke	■	■		
Sjogren’s syndrome	■		■	■

* Periodontal maintenance and scaling available on plans that offer periodontal benefits.

Enhanced benefits are paid at 100 percent and are not subject to deductibles, co-insurance, or calendar year maximums when performed by a participating or preferred dental provider.

¹ perio.org/consumer/gum-disease-and-heart-disease

² ncbi.nlm.nih.gov/pmc/articles/PMC3228943/

³ perio.org/consumer/AAP_EFP_Pregnancy

⁴ ncbi.nlm.nih.gov/pmc/articles/PMC5836263/

⁵ nidcr.nih.gov/health-info/sjogrens-syndrome

Patient materials for your office

Your office staff can use these materials to promote total health and to explain the available benefits to our members. The following materials can be downloaded on our secure website. Simply log on to bluecrossma.com/provider and select **Clinical Resources>Clinical Programs & Information>Oral & Overall Health**.

- Enhanced Dental Benefits Enrollment Form
- Total Health Solutions Fact Sheet

How we identify and enroll members in Enhanced Dental Benefits

Members who have both medical and dental coverage through Blue Cross Blue Shield of Massachusetts are automatically identified to receive Enhanced Dental Benefits if they have had a claim with a diagnosis of diabetes, coronary artery disease, oral cancer, stroke, or Sjogren's syndrome.

Members who are pregnant, or who have only dental coverage with us, can enroll by having their physician complete an Enhanced Dental Benefits Enrollment Form.

You can confirm that their group has opted to include enhanced dental benefits when you use our provider technologies to verify benefits and eligibility prior to rendering services.

Note: Electronic eligibility will show if the member has enhanced dental benefits; however, it does not mean they have met the clinical criteria to use these benefits.

How to bill for services you provide to members with Enhanced Dental Benefits

Submit your dental claim electronically or by mail in the same manner as all other dental claims. For more information, see our Dental Blue Book, Section 3 by logging onto bluecrossma.com/provider and select **Office Resources>Policy and Guidelines>Provider Manuals>Dental Blue Book>Section 3: Our Total Health Solution**.

RECORD OF SERVICES PROVIDED										
	24. Procedure Date (MM/DD/CCYY)	25. Area of Oral Cavity	26. Tooth System	27. Tooth Number(s) or Letter(s)	28. Tooth Surface	29. Procedure Code	29a. Diag. Pointer	29b. Qty.	30. Description	31. Fee
1	01-08-19					D1110			Adult Prophylaxis	
2										