

Referral for Health Management Programs & Services

Fax to:

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association.

617-246-4501 617-246-4189 (Medicare Advantage only) 617-246-2355 (Oncology Case Management only)

Questions?

Call Health Management Programs 1-800-392-0098

Our health management programs are designed to promote patient adherence to your recommended treatment plans, member education and self-empowerment, and coordination of care. Use this form to refer your patients.

Member & Provider Information

Member name:	Blue Cross member ID:
Member phone: Provider/agency name:	Provider phone:
Contact name:	Contact phone:
Is the member aware of the referral? \Box Yes \Box No	

Is the member in a Medicare Advantage plan or a commercial (non-Medicare) plan?

Medicare
Commercial

Referral Information

I recommend this member for consideration in the following program:

Nutrition Services

- Nutritional support
- Weight loss management
- Behavioral Health Case Management

Members with complex behavioral health conditions, including:

- Bipolar disorder
- Depressive disorder
- Eating disorders
- □ Obsessive-compulsive disorder
- Positive depression screen
- Post-traumatic stress disorder
- Schizophrenia

Oncology Case Management

Members newly diagnosed with or receiving active treatment for cancer.

Chronic Condition Management Members with the following

conditions:

- Asthma (members of all ages)
- Coronary artery disease
- Diabetes
- Chronic kidney disease

General Case Management

Members with complex medical conditions and/or catastrophic illness or injuries such as:

- □ Acute neurological disorders
- Alzheimer's dementia
- Congenital anomalies
- Gastrointestinal disorders
- High-risk pregnancy
- Infectious disorders
- Multiple trauma
- Spinal cord injury
- **Traumatic brain injury**

Services targeting Social Determinants of Health

Members reporting concerns with non-medical factors affecting their health:

- Access to care issues
- Financial concerns (regarding medication costs, copayments, etc.)
- □ Food insecurities
- Transportation concerns

Reason for Referral

*Blue Cross refers to Blue Cross and Blue Shield of Massachusetts, Inc. and Blue Cross and Blue Shield of Massachusetts HMO Blue[®], Inc., based on Product participation. [®]Registered Mark of the Blue Cross Blue Shield Association. MPC_062117-1G-2-F (rev. 2/22)