

We're excited to introduce our first Mental Health Brief!

To help you stay in the know about Blue Cross news that affects you, we're introducing this Mental Health Brief.

Designed for all 15,000 network providers who serve our members, this brief highlights administrative and clinical news you need to take care of your Blue Cross patients.



New initiatives to support our members' mental health

In July, we announced a [bold set of new initiatives](#) to help ensure our members have timely access to high-quality, affordable mental health care. These measures improve access to mental health services, a need that has become even more pronounced during the COVID-19 pandemic. As a result of these changes you are now:

- Reimbursed for telehealth sessions (video and phone) at the same rate as in-person visits. This supports more convenient mental health care during and beyond the current COVID-19 public health emergency. See our [COVID-19 resource center](#) for more details.
- Able to supplement the care you provide by guiding our members to [Learn to Live](#), an innovative online stress and anxiety cognitive behavioral therapy program. The program is available to most members under 65.

In addition, if you are a board-certified or board-eligible child psychiatrist, you can earn increased reimbursement by participating in our new incentive program. Primary care providers who integrate mental health care into their practices may also earn incentives while improving physical and mental health outcomes for our members. For more information on these incentive programs for child psychiatrists and primary care providers, please contact Lyssa Opdyke at lyssa.opdyke@bcbsma.com.



You're invited to an October 28 webinar

We're hosting an hour-long webinar to help mental health clinicians and physicians on **Wednesday, October 28 at 11 a.m.** Blue Cross experts will cover these topics:

- Checking claim status (how to do it and what to look for)
- Tips for submitting replacement claims
- Tracking your payments on Payspan
- Billing for telehealth visits
- Navigating Provider Central

How to register and join the webinar

Go to our [news article](#).



**COVID-19
INFORMATION**



**OPIOID RESOURCE
CENTER**



**PRIOR AUTHORIZATION
GUIDELINES**



**TREATMENT
RESOURCES**

Need Provider Central help?

Email us: providercentral@bcbsma.com

Call us: 1-800-771-4097, Option 2
Available Mon - Fri, 8 a.m. - 4 p.m.

Email changes?

To update your email address or user profile, [log in](#) and click My Profile on the upper right-hand side of the home page.

Have your billing agency (if you use one) register for Provider Central to work on your behalf. [Learn how](#).

MPC_021820-2W-3-EGN

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association. ® Registered Marks of the Blue Cross and Blue Shield Association. ©/® Registered Mark of its respective company. © 2020 Blue Cross and Blue Shield of Massachusetts, Inc. and Blue Cross Blue Shield of Massachusetts HMO Blue, Inc. 101 Huntington Avenue, Suite 1300, Boston, MA 02199-7611

To ensure you receive all future emails in your inbox, please add email@contact.email@bcbsma.com to your address book.