

# PROFESSIONAL CREDENTIALING AND RECREDENTIALING REQUIREMENTS

## **PURPOSE**

Blue Cross Blue Shield of Massachusetts (Blue Cross) credentials all primary care providers (PCPs), specialty care physicians (SCPs), oral and maxillofacial surgeons, and licensed clinicians (together, "Practitioners") who have applied for enrollment in our networks and who have met all contractual requirements.

Once the credentialing process is complete, we execute an Agreement and send a welcome letter that includes the **effective date** of network participation and confirms the **networks** in which the provider is participating.

## RE/CREDENTIALING THROUGH HCAS AND CAQH

To streamline the process and reduce work for practitioners, Healthcare Administrative Solutions, Inc. (HCAS) coordinates the initial and recredentialing process and primary source verification for practitioners applying to participate or become recredentialed with Blue Cross and other health plans that participate with HCAS.

- HCAS provides a single point of credentialing data shared by all HCAS-participating health plans.
- The practitioner must register with Council for Affordable Quality Healthcare (CAQH) and submit
  credentialing information and supporting documentation to CAQH. After the practitioner registers and
  submits their information and documentation, the HCAS-participating plans will add the practitioner to
  their plan's CAQH roster.
- The **Credentialing Verification Organization (CVO)** verifies the information, and then passes it to Blue Cross for further review and final determination. The CVO used by Blue Cross is Verisys.

For detailed instructions on the credentialing process, please view the HCAS Credentialing Training Manual on the HCAS website.

You must supply the following information to CAQH:

- Completed, signed, and dated CAQH credentialing application, including:
  - History of loss or limitation of license and felony convictions
  - o Disclosure of any criminal offense, disciplinary actions, or professional liability claims history
  - Malpractice history (most recent 10 years)
  - o Disclosure of any physical/mental health issue or any chemical dependence
  - Clinical activity
  - Work history (5 years)
  - Explanation of gaps in practice (6 months or more)
  - o If you have prescriptive authority, copy of Federal Drug Enforcement Agency (DEA) Certificate or Massachusetts Controlled Substance Registration (MCSR). Non-prescribing practitioners who have prescriptive authority may be credentialed without a DEA. In these cases, the applicant must provide the name of the Blue Cross practitioner who will write prescriptions for medications.
- Updated Authorization and Release form with re/credentialing application
- A current, valid, and unrestricted **Massachusetts license** or (if applicable) New Hampshire license in the field of practice in which the practitioner will be treating Blue Cross members
- A copy of the practitioner's current curriculum vitae

Evidence of professional malpractice insurance maintained (minimum of \$1 million per occurrence/\$3 million in the aggregate)

Blue Cross prefers that Massachusetts-licensed physicians be credentialed by a **network hospital**. A physician who is not credentialed by a Massachusetts hospital, pursuant to MGL 243CMR 3.05, may be credentialed by Blue Cross in accordance with regulatory requirements.

# ADDITIONAL PRACTITIONER INFORMATION

Practitioners in certain specialties must meet the following additional requirements. Note that all certifications must be current and valid.

#### **ACUPUNCTURIST**

- Graduate training from an approved acupuncture school with no less than 1,905 hours of study in acupuncture
- Effective July 1, 2021, certification in the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)

## **AUDIOLOGIST**

Master's or Doctoral Degree in Audiology or related field (Communication Disorders)

## **CERTIFIED NURSE MIDWIFE (CNM)**

- Certification by the American Midwifery Certification Board (AMCB)
- Graduation from a Nurse Midwife program
- An admitting arrangement with a Blue Cross-credentialed physician who has privileges at a Blue Crossparticipating acute care hospital, if not office based
- Must have and maintain a clinical relationship with an obstetrician-gynecologist.

#### CERTIFIED NURSE PRACTITIONER (CNP)

- Certification by one of the following: American Academy of Nurse Practitioners Certification Board (AANPCB), American Nurses Credentialing Center (ANCC), American Association of Critical-Care Nurses (AACN), Dermatology Nursing Certification Board (DNCB), National Certification Corporation for Obstetric, Gynecological and Neonatal Nursing Specialties (NCC), Pediatric Nurse Certification Board (PNCB), Oncology Nurses Certification Corporation (ONCC), or Advanced Certified Hospice & Palliative Nurse (ACHPN)
- A graduate degree in Advanced Practice Nursing
- An admitting arrangement with a Blue Cross credentialed physician who has privileges at a Blue Crossparticipating acute care hospital or hospitalist program
- A collaborating practitioner is **not** required unless the Certified Nurse Practitioner has less than two years of supervised practice under a qualified professional following their certification
  - If a collaborating practitioner is required, they must be a physician or nurse practitioner with independent practice authority

## CERTIFIED REGISTERED NURSE ANESTHETIST (CRNA)

- Certification by National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA)
- Graduation from a Nurse Anesthetist program
- A collaborating practitioner is **not** required unless the CRNA has less than two years of supervised practice under a qualified professional following their certification
  - o If a collaborating practitioner is required, they must be a qualified healthcare professional

#### CHIROPRACTOR (DC)

• Four-year chiropractic education accredited by the Council of Chiropractic Education

## DENTIST (DDS. DMD)

Please refer to the Dental Credentialing and Recredentialing Guidelines

#### LICENSED ALCOHOL AND DRUG COUNSELOR 1 (LADC1)

Bachelor's, Master's or Doctorate degree in Behavioral Science

#### LICENSED APPLIED BEHAVIOR ANALYST (LABA)

 Master's or Doctorate degree related to the study of Behavior Analysis or anther field of human services

#### LICENSED DIETITIAN NUTRITIONIST (LDN)

• Minimum of bachelor's degree, its equivalent or higher in dietetics and nutrition, human nutrition, nutrition education or public health nutrition from an accredited college

#### LICENSED INDEPENDENT CLINICAL SOCIAL WORKER (LICSW)

Master of Science in Social Work from an accredited social work program

## LICENSED MARRIAGE & FAMILY THERAPIST (LMFT)

 Master's degree or Doctorate or its equivalent in LMF Therapy or a related field from an accredited college, or Clinical member of the American Association for Marriage and Family Therapy (AAMFT)

#### LICENSED MENTAL HEALTH COUNSELOR (LMHC)

Master's degree from an accredited college program in a human services-related field

#### CERTIFIED NURSE PRACTITIONER PRIMARY CARE PROVIDER (CNPPCP)

- Certification by one of the following: American Academy of Nurse Practitioners Certification Board (AANPCB), American Nurses Credentialing Center (ANCC), National Certification Corporation for Obstetric, Gynecological and Neonatal Nursing Specialties (NCC), or Pediatric Nursing Certification Board (PNCB)
- Graduate degree in Advanced Practice Nursing
- Must be practicing in Massachusetts in family medicine, internal medicine, or pediatrics setting
- Must have an admitting arrangement with a Blue Cross-credentialed physician who has privileges at a Blue Cross-participating acute care hospital
- Federal Drug Enforcement Administration (DEA) certificate (no exceptions)
- A collaborating practitioner is **not** required unless the Certified Nurse Practitioner Primary Care
  Provider has less than two years of supervised practice under a qualified professional following their
  certification.
  - If a collaborating practitioner is required, the practitioner must be Blue Cross-credentialed in family medicine, internal medicine, OB-GYN, or pediatrics

#### OCCUPATIONAL THERAPIST (OT)

 Master or Doctorate degree in OT from an Accreditation Council for OT (ACOTE), or a four-year OT program leading to a bachelor's degree, or two-year program leading to a Master's degree in OT

#### OPTOMETRIST (OD)

- Current, valid, and unrestricted optometry license with:
  - o Topical Pharmaceutical Agent (TPA) certification, or
  - Diagnostic Therapeutic Agents (DPA) certification
- Current and valid Massachusetts Controlled Substance Registration (MCSR)
- Four-year optometry program after earning an undergraduate degree

## ORAL AND MAXILLOFACIAL SURGEON (OMS)

• Please refer to the <u>Dental Credentialing and Recredentialing Guidelines</u>

## **PSYCHIATRIC CLINICAL NURSE SPECIALIST**

- Certification by the American Nurses Credentialing Center (ANCC)
- Master's degree
- A collaborating practitioner is **not** required unless the Psychiatric Clinical Nurse Specialist has less than
  two years of supervised practice under a qualified professional following their certification.
  - If a collaborating practitioner is required, the collaborating physician must be certified or board prepared in psychiatry or child psychiatry

## PSYCHOLOGIST (PHD. PSYD. EDD)

Doctorate in psychology

## PHYSICAL THERAPIST (PT)

 Two-year Master's degree in a PT program accredited by the Commission on Accreditation of Physical Therapy Education

## PHYSICIAN ASSISTANT (PA)

- Certification by the National Commission on Certification for Physician Assistants (NCCPA)
- Bachelor's degree plus 26 months in a PA educational program
- Federal Drug Enforcement Administration (DEA) certificate
  - May submit the name of participating Blue Cross provider who will prescribe for the provider.
     Must have an admitting arrangement with a Blue Cross network physician or hospitalist program unless the Physician Assistant's practice is limited to UCC.

#### PHYSICIAN ASSISTANT PRIMARY CARE PROVIDER (PAPCP)

- Certification by the National Commission on Certification for Physician Assistants (NCCPA)
- Bachelor's degree plus 26 months in a PA educational program
- Must be practicing in Massachusetts in family medicine, internal medicine, or pediatrics setting
- Must have an admitting arrangement with a Blue Cross network physician or hospitalist program
- Federal Drug Enforcement Administration (DEA) certificate (no exceptions)

## PHYSICIAN (MD, DO)

- Meet current training requirements for board certification in the specialty for which they are applying, or be certified by the American Board of Medical Specialties (ABMS), the American Osteopathic Association (AOA), the Royal College of Physicians and Surgeons of Canada (RCPSC), or the National Board of Physicians and Surgeons (NBPAS) in the appropriate specialty
- Admitting privileges or an admitting arrangement at a Blue Cross-participating acute care hospital.
   Exceptions: The specialties listed below are not required to have hospital admitting privileges:
  - Anesthesiology
  - Clinical Genetics
  - Dermatology
  - Emergency Medicine
  - Medical Genetics
  - Pathology
  - Psychiatry
  - Radiation Oncology
  - Radiology
  - o Nuclear Medicine

- Federal Drug Enforcement Administration (DEA) certificate. The specialties listed below are not required to have a Federal DEA certificate:
  - Clinical/Medical Geneticists
  - Dentist whose practice is limited to orthodontics
  - Dentist who works exclusively in a dental school will accept an institutional DEA
  - o Dentists with limited licenses practicing at community health centers
  - Pathologist
  - o Includes Dermatopathology
  - o Diagnostic Radiologist
  - Acupuncturist
  - Radiation Oncology
  - Neuroradiologist

## **PODIATRISTS**

Туре	Requirement
Podiatrist (nonsurgical)	<ul> <li>American Board of Podiatric Medicine (ABPM)</li> <li>American Board of Foot and Ankle Surgery (ABFAS)         <ul> <li>Plus, four years' training in podiatry followed by a 1-year nonsurgical residence.</li> </ul> </li> <li>Federal Drug Enforcement Administration (DEA) certificate:         <ul> <li>May submit the name of the participating Blue Cross Provider who will prescribe for the provider.</li> </ul> </li> </ul>
Podiatrist (surgical)	<ul> <li>American Board of Podiatric Medicine (ABPM) – 4-year podiatric education program         <ul> <li>Plus, a 2-year podiatric residency</li> </ul> </li> <li>American Board of Foot and Ankle Surgery (ABFAS) – 4-year podiatric education program         <ul> <li>Plus, a minimum of a 2-year residency</li> </ul> </li> <li>Federal Drug Enforcement Administration (DEA) certificate:         <ul> <li>May submit the name of the participating Blue Cross Provider who will prescribe for the provider.</li> </ul> </li> <li>Privileges at a freestanding ambulatory surgery center, or admitting privileges or an admitting arrangement at a Blue Cross network hospital</li> </ul>

## **PSYCHIATRIC NURSE PRACTITIONER (PNP)**

- Certification by the American Nurses Credentialing Center (ANCC)
- Bachelor's degree in nursing and a nurse practitioner master's or doctoral degree with focus on psychiatric nursing
- A collaborating practitioner is **not** required unless the Psychiatric Nurse Practitioner has less than two years of supervised practice under a qualified professional following their certification
  - o If a collaborating practitioner is required, the collaborating practitioner must be certified or board prepared in psychiatry or child psychiatry
- Federal Drug Enforcement Administration (DEA) certificate
  - May submit the name of participating Blue Cross provider who will prescribe for the provider

## SPEECH-LANGUAGE PATHOLOGIST (SLP)

- Master of Science in Speech Language Pathology
- Provisional licensure may be accepted for SLP Clinical Fellows

## **ONGOING MONITORING**

Blue Cross queries the National Practitioner Data Bank (NPDB) and reviews reports from Medicare, licensing boards, and other entities for evidence of malpractice settlements, state sanctions, and license limitations as part of the re/credentialing process.

Blue Cross may conduct office site visits for reasons such as (but not limited to):

- Physical accessibility and appearance
- Adequacy of waiting and examining room space
- Availability of appointments
- Adequacy of treatment record keeping

In determining the need for a site visit, Blue Cross considers the severity of the issue.

## CREDENTIALS & PEER REVIEW COMMITTEE (COMMITTEE) REVIEW

Blue Cross' corporate credentialing associates reviews all re/credentialing applications for completeness. Please make sure that your application is complete and that all supporting documentation is included. Completed applications will be forwarded to the Committee for approval or denial. At any time, the Committee reserves the right to de-credential a practitioner who does not meet Blue Cross's standards and/or criteria for re/credentialing.

- You will be notified of the Committee's initial credentialing decision within four business days of the decision. This notification is not a contract approval.
- If your recredentialing application is denied, you will be notified of the termination 90 days prior to the effective date of the termination.
- If the Committee denies your application, you will have the opportunity to request reconsideration. The details of the process will be included in the denial letter.

## **PROVIDERS' RIGHTS**

Blue Cross maintains all information submitted as part of the re/credentialing process in accordance with our commitment to confidentiality, subject to, and in accordance with, legal restrictions. You have the right to review information we obtain for the purposes of re/credentialing, including outside sources such as malpractice carriers, insurance carriers, state licensing boards, and an AMA profile. Information we obtain for purposes other than re/credentialing or which is prohibited from disclosure by law is not included. You may address any inconsistencies between information they provided and information we obtain. You have the right to request, in writing or via telephone, the status of your application. Blue Cross does not make credentialing decisions based on a practitioner's race, ethnic/national identity, gender, gender identity, age, sexual orientation, type of procedure in which the practitioner specializes, or product participation, and we reserve the right to review and update re/credentialing policies periodically.

## **DOCUMENT HISTORY**

April 2025 – Updates to clarify credentialing expectations. Reduced coverage requirements for many provider types.

February 2025 - Made changes to Advanced Practice Nursing, Podiatry, OT, OD, LMFT, and Audiology descriptions.

March 2024 - Updated name of Licensed Alcohol and Drug Counselor to Licensed Alcohol and Drug Counselor I

August 2023 - Updated name of Psychiatric Clinical Nurse Specialist, formally known as Registered Nursing Clinical Specialist.

April 2023 – Updated Physician Board Certification options and Providers' Rights section.

January 2023 – Added certification options for Certified Nurse Practitioner Primary Care Providers. Added DEA information for Psychiatric Nurse Practitioner (PNPs). Minor language edits for clarity.

August 2021 - Made changes to PA and Physician Assistant Primary Care Provider (PAPCP) descriptions

March 2021 - Reduced collaborating physician requirements for ancillary advanced practice nurses

June 2020 - Updated collaborating physician requirements for Psychiatric Nurse Practitioner and Clinical Specialist in Psychiatric and Mental Health Nursing.

February 2019 – Updates to certification options for Certified Nurse Practitioners and Certified Nurse Practitioner – Primary Care Providers.

December 2018 - Updated Podiatrist requirements and added Acupuncturist requirements

November 2018 - Updated Psychiatric Nurse Practitioner requirements

May 2018 - Updated Podiatrist requirements

April 2017 - Added education requirements for each provider type in Additional Practitioner Information.

January 2017 – Updated Federal Drug Enforcement Administration (DEA) certificate language. We no longer require a Blue Cross waiver in place of the DEA certificate. Instead of the waiver, the applicant must provide the name of the Blue Cross practitioner who will write prescriptions for medications.

May 2016 - Adding Licensed Applied Behavioral Analysts

February 2016 - Updated accrediting body names, and providers that don't need to have 24- hour coverage

June 2015 – Updated documentations

April 2014 - Added additional details on each provider specialty

September 2013 – Updated documentation of guideline

April 2011 - Original documentation of guideline

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MPC\_040517-1E (rev 04/25)