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### WE'VE GOT YOU COVERED

Cancer screenings are included in your plan at no additional cost.\*

Learn more at bcbsma.info/RoutineScreenings

\*Under certain conditions, costs may apply. Please check your plan information for details.



# CANCER Screenings Can't Wait

Schedule a Screening Today

Learn more about preventive care at bcbsma.info/RoutineScreenings.

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association.

## SCHEDULE A ROUTINE CANCER SCREENING TODAY

## Routine screenings can help find cancer early, before symptoms appear and the cancer has a chance to spread.<sup>1</sup>

It's recommended that you get routine screenings starting at age 50, or earlier if there's an increased risk. Most preventive services, including <br/>breast> cancer screenings, are included in your plan at no additional cost. So take full advantage of your coverage, and make an appointment with your doctor today.

#### Did You Know?

The average woman in the United States has a 1-in-8 chance of developing breast cancer sometime in her life.<sup>2</sup>



Call Team Blue at the Member Service number on the front of your ID card.

#### Need to Find a Doctor?

Sign in to your MyBlue account at **bluecrossma.org**, or open the MyBlue app to use our **Find a Doctor & Estimate Costs** tool to search for doctors near you.

American Cancer Society, "American Cancer Society Guidelines for the Early Detection of Cancer," July 30, 2020.
 American Cancer Society, "How Common Is Breast Cancer?" May 7, 2021.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711). ATENCION: Si hable español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

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## Routine screenings can help find cancer early, before symptoms appear and the cancer has a chance to spread.<sup>1</sup>

It's recommended that you get routine screenings starting at age 50, or earlier if there's an increased risk. Most preventive services, including <colorectal> cancer screenings, are included in your plan at no additional cost. So take full advantage of your coverage, and make an appointment with your doctor today.

Some colorectal cancer screenings can even be done at home, so ask your doctor if this is an option.

#### Did You Know?

Men in the United States have a 1-in-23 chance of developing colorectal cancer sometime in their life, and women have a 1-in-25 chance.<sup>2</sup>



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## Routine screenings can help find cancer early, before symptoms appear and the cancer has a chance to spread.<sup>1</sup>

It's recommended that you get routine screenings starting at age 50, or earlier if there's an increased risk. Most preventive services, including <br/>breast and colorectal> cancer screenings, are included in your plan at no additional cost. So take full advantage of your coverage, and make an appointment with your doctor today.

Some colorectal cancer screenings can even be done at home, so ask your doctor if this is an option.

#### Did You Know?

The average woman in the United States has a 1-in-8<sup>2</sup> chance of developing breast cancer sometime in her life, and a 1-in-25<sup>3</sup> chance of developing colorectal cancer.



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