



# Take this health test today



Call: 1-833-919-9430



Scan to watch video:



\*\*\*\*\*2025

## How to get started today



1 Search this link for a video tutorial:  
[www.letsgetchecked.link/how-to22](http://www.letsgetchecked.link/how-to22)



2 Collect your samples from home.



3 Send them back with the prepaid label in your kit.

It's time for your routine kidney and A1C test, provided by Blue Cross Blue Shield of Massachusetts. This box contains everything you need to easily collect your samples from home and return them to the lab for free.

### Why has this been sent to you?

This kit has been sent to Blue Cross Blue Shield of Massachusetts members who requested this at-home kidney and A1C test. Kidney disease and challenges with blood sugar levels can be common in people with diabetes. These screenings check your kidney health and your average blood sugar levels over the past 3 months. This helps you and your provider understand how well your diabetes is being managed so you can track your progress, know your numbers, and help identify the right treatment.

### Will there be any cost to you?

No. This is available at no additional cost. This testing from LetsGetChecked is covered by Blue Cross Blue Shield of Massachusetts. There is no cost to you for this screening.

### How will you get your results?

We will contact you with your results. Once you receive your results, please review your results with your primary care provider (PCP). They can help you with your next steps.

Have questions? We're here to help. Call 1-833-919-9430 (TTY: 711), Monday to Friday, 8 a.m. to 8 p.m. ET.

Healthy regards,

Dr. Robert Mordkin MD, Chief Medical Officer, LetsGetChecked

LetsGetChecked is an independent healthcare company providing diabetes management services on behalf of Blue Cross Blue Shield of Massachusetts.

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**ATTENTION:** If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

**ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

**ATENÇÃO:** Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

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