

# KEEP KIDS HEALTHY WITH VACCINATIONS



Ensuring that children are up to date with vaccinations is an important part of their preventive care. Proven safe and effective through clinical testing, recommended immunizations protect kids from life-threatening diseases like tetanus and diphtheria. Plus, immunizations are included in your benefits at no additional cost.

Schedule regular doctor visits for your child and ask their pediatrician about recommended vaccinations.

**Use the Centers for Disease Control and Prevention's  
immunization schedule to help you stay up to date.**

**GET STARTED**

## HELPFUL RESOURCES



### **One Mom's Decision to Vaccinate Her Kids Against COVID-19**

Many parents are still wondering whether their children should get the COVID-19 vaccine. Read how one mom found the answers she needed and made her decision.

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# KEEP KIDS HEALTHY WITH VACCINATIONS



Ensuring that children are up to date with vaccinations is an important part of their preventive care. Proven safe and effective through clinical testing, recommended immunizations protect kids from life-threatening diseases like tetanus and cancers related to HPV (human papilloma virus). Plus, immunizations are included in your benefits at no additional cost.

Schedule regular doctor visits for your child and ask their pediatrician about recommended vaccinations.

Use the Centers for Disease Control and Prevention’s immunization schedule to help you stay up to date.

GET STARTED

## HELPFUL RESOURCES



### Preventing Cancer with the HPV Vaccine

The HPV vaccine protects against HPV infection, as well as related cancers and other diseases. Learn why it’s so important for kids to get the vaccine before they’re at risk.

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