



Place logo here



Reminder: Please Schedule Your Appointment

Our records show that you have not scheduled one or more important routine tests to manage your diabetes.

Regular Tests Help Prevent Complications

Although you are self-managing your diabetes, which includes watching your diet, remembering your medications, and monitoring your blood sugar, you also need to see your doctor regularly and have necessary tests completed. These tests help prevent against any possible complications related to your nervous system, kidneys, eyes, or heart.

Important Tests for Diabetes Patients

Test	What it Measures	Frequency
HbA1c	Blood sugar over the course of several weeks	Twice a year (minimum)
Kidneys	How well the kidneys are functioning	Once a year
Eye Exam	Potential damage to the blood vessels of the retina	Once a year
Cholesterol	Cardiovascular health; the condition of the blood vessel walls	Once a year
Blood Pressure	Cardiovascular health	Each doctor's visit

Please call our office today at _____ to schedule your appointment.

Sincerely,

