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Things to know about routine health checkups

1 You'll get preventive care.



Preventive care is a specific list of things your doctor routinely does to check your overall health. There's usually no cost for preventive care.

2 It's a good chance to talk to your doctor.



You know your body best, so telling your doctor your health concerns could help detect a medical problem early.

3 You may get more than preventive care.



Your doctor may respond to your concerns, notice something new, or monitor an ongoing condition. This is called diagnostic care.

4 You could get a bill.



Diagnostic care, like lab tests or imaging, often requires a copayment, co-insurance, or deductible.