



Dear

### Important: Schedule Your Child's Well-Care Visit Today

Our records show that your child has not received a well-care visit to the doctor in a while. Well-child visits are covered by your health plan at no additional cost to you.

### Why Does My Child Need a Well-Care Visit?

The American Academy of Pediatrics and the U.S. Preventive Services Task Force recommend well-child visits scheduled on a regular basis. In addition, there are many reasons to bring your child in for routine visits, including:

- Physical examinations
- Immunization updates
- Tracking growth, development, behavior, and school performance
- Finding any health issues before they become serious
- Discussing health and safety issues
- Discussing nutrition and physical fitness
- Learning how to manage emergencies and illnesses

### When Should I Schedule a Well-Care Visit?

The American Academy of Pediatrics recommends the schedule below for routine well-care visits, at the following ages:

- 3 to 5 days
- 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 24 months
- 30 months
- Annually, between ages 3 and 21 years

I can also discuss the benefits and the timing of well-care visits with you. To schedule a routine well-care visit for your child, please call my office today at

Sincerely,

