



# In-home Bone Mineral Density Screening for Medicare Advantage Members

## Fact sheet

Blue Cross Blue Shield of Massachusetts collaborates with Signify Health and the VNA Care Network to deliver in-home bone mineral density (BMD) ultrasound screenings at no cost to your patients living in Massachusetts.

### Who is eligible?

Female Medicare Advantage patients ages 67 to 85, who have had a fracture and either:

- Have not had a bone mineral density test within two years before the fracture, OR
- Have not been on an osteoporosis treatment medication during the year before the fracture.

These patients are identified for the *Osteoporosis Management in Women Who Had a Fracture* HEDIS Measure, and are part of the CMS Five-Star Rating System.

### Order a screening for your patient

Screenings will be conducted by either VNA Care Network or Signify Health. A trained clinician will schedule and provide the bone mineral density test in the comfort of the patient's home using a Clinical Ultrasound Bone Sonometer. To ask about ordering an in-home screening for your patient, please contact:

- Healthy Bones Nurse at **1-800-392-0098**, press **option 5**, and enter ext. **68794** (TTY: 711).

### Screening results

You can use the results of this screening and other clinical risk factors to help:

- Diagnose and treat osteoporosis and other medical conditions that can lead to reduced bone density.
- Determine future fracture risk\*.

Results of the bone mineral density test will be provided to you with the understanding that those patients found to be at risk will be considered for a full osteoporosis assessment.

### Questions?

If you have questions about testing performed by one of our vendors, please contact:

- Beverly Salate, Preventive Health Manager, VNA Care, [Beverly\\_Salate@vncare.org](mailto:Beverly_Salate@vncare.org)
- Signify Health at **1-844-857-3955**, Monday through Friday, 8 a.m. to 5 p.m. Eastern Time
- Kristin Green, PharmD, Clinical Quality - Sr. Program Manager, Blue Cross Blue Shield of Massachusetts, at [Kristin.Green@bcbsma.com](mailto:Kristin.Green@bcbsma.com)

\*Further testing may be necessary to confirm a reading suggestive of osteopenia or osteoporosis.